

Course Syllabus

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| 1. Program of Study | Bachelor of Science Program
Bachelor of Arts Program
Bachelor of Business Administration Program
Bachelor of Nursing Science Program |
| Faculty/Institute/College | Mahidol University International College |
| 2. Course Code | ICPE114 |
| Course Title | Thai Sports |
| 3. Number of Credits | 1 (0-3-1) (Lecture/Lab/Self-Study) |
| 4. Prerequisite (s) | None |
| 5. Type of Course | General Education |
| 6. Session | TBA |
| 7. Conditions | - |
| 8. Course Description | Science, art, practice and tradition of Thai forms of sports; practical exercises include Thai boxing and other Thai sports. |
| 9. Course Objective (s) | After successful completion of this course, students should be able to understand
Muay Thai, with its emphasis on both offense and defense as well as on stamina, is a martial art anyone can learn: men, women, young or old. Muay Thai isn't just about punches and kicks.
The Fundamental Muay Thai Program consists of Basic, Intermediate, Advanced and Professional levels. The program was designed to provide students with the historical and cultural background to Muay Thai as well as the physical skills and fitness training. The course includes a study tour to Bangkok's major stadiums, so students can experience the real thing live. |

10. Course Outline

Week	Topic	Hour			Instructor
		Lecture	Lab	Self-Study	
1	Introduction to Muay Thai	0	3	1	TBA
2-3	Basic skills and Technique: Punches	0	6	2	
4-5	Basic skills and Technique: Knees	0	6	2	
6-7	Basic skills and Technique: Elbows	0	6	2	
8-10	Basic skills and Technique: Kicks	0	9	3	
11	Stadium tour	0	3	1	
12	<i>Final Examination</i>	0	3	1	
	<i>Total</i>	0	36	12	

11. Teaching Method (s)

11.1 Instructions, demonstrations and lead-up activities.

12. Teaching Media

12.1 Demonstrations

13. Measurement and evaluation of student achievement

Student achievement is measured and evaluated by

13.1 the ability to understand Muay Thai, with its emphasis on both offense and defense as well as on stamina, is a martial art anyone can learn: men, women, young or old. Muay Thai isn't just about punches and kicks.

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Student's achievement will be graded according to the faculty and university standard using the symbols: A, B+, B, C+,C,D+, D, and F.

Students must have attended at least 80% of the total class hours of this course.

Ratio of mark	
Final Examination(Basic skills)	20%
Attendance and participation	65%
Written Examination	15%
Total	100%

Assessment made from the set-forward criteria:

100 – 90%	= A	74 – 70%	= C
89 – 85%	= B+	69 – 60%	= D
84 – 80%	= B	59 >	= F
79 – 75	= C+		

14. Course evaluation

14.1 Students' achievement as indicated in number 13 above.

14.2 Students' satisfaction toward teaching and learning of the course using questionnaires.

15. Reference (s)

Notes provided by the instructor

16. Instructor

TBA

17. Course Coordinator

Michael Naglis