

## Course Syllabus

1. **Program of Study** Bachelor of Arts (Social Science)  
**Faculty/Institute/College** Mahidol University International College
2. **Course Code** ICSP 357 **Course Title** Psychology of Motivation
3. **Number of Credits** 4 (**Lecture / Lab**) (4-0)
4. **Prerequisite (s)** ICSS 112 Introduction to Psychology
5. **Type of Course** Elective for Psychology Minor
6. **Trimester / Academic Year** Not yet offered

7. **Course Description**

Psychological energization and the direction of goal - oriented behaviour. Biological, social and cognitive aspects of motivation. Specific motivational systems : Hunger, thirst, sex, aggression, arousal, addiction, curiosity, belongingness, esteem, achievement, aestheticism, creativity.

8. **Course Objective (s)**

To increase students' awareness and understanding of the psychology of motivation.

9. **Course Outline**

Week	Topic		Instructor
	Lecture	Hour	
1	Themes and components of motivation	4	Dr. Paul Yablo
2	Hunger and eating	4	
3	Passion and sexual behaviour	4	
4	Arousal and attention	4	
5	Wakefulness, alertness, sleep and dreams	4	
6	Drug use and drug addiction	4	
7	Aggression and anger	4	
8	Emotions, stress and health	4	
9	Goal - incongruent and goal - congruent emotions	4	
10	Curiosity and creativity	4	
11	Need for control, mastery; self regulation	4	
	<b>Total</b>	<b>44</b>	

N.B. The lecturer reserves the right to vary the topics as seen fit.

10. **Teaching Method (s)**

Seminar discussion and student presentations.

## **11. Teaching Media**

Assigned texts.

## **12. Measurement and evaluation of student achievement**

(i.e. Grading scheme) Grades given according to a predetermined scale as follows : A = 80 - 100; B+ = 75 - 79; B = 70 - 74; C+ = 65 - 69; C = 60 - 64; D+ = 55 - 59; D = 50 - 54; F < 49.

## **13. Course evaluation**

(i.e. Grading components) : Evaluations are based on one major paper (50%), selected topic presentation (30%), and seminar discussion (20%).

## **14. Reference (s)**

Franken, R.E. (2002). *Human motivation*. 5<sup>th</sup> edition. Brooks / Cole.

E. Tory Higgins, Arie W. Kruglanski (eds.) (2002). *Motivational science : Social - Personality perspectives (Key readings in social psychology)*. Brighton : Psychology Press.

## **15. Instructor (s)**

Dr. Paul Yablo

## **16. Course Coordinator**

Dr. Paul Yablo